

Easy Read



Llywodraeth Cymru  
Welsh Government

# Suicide and Self-Harm Prevention Strategy

## Response form



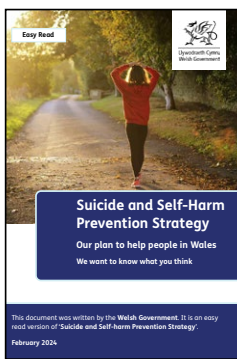
This document was written by the **Welsh Government**. It is an easy read version of the questions we want to ask about the '**Suicide and Self-Harm Prevention Strategy**.'

February 2024

# About this response form



We want to know what you think about the **Suicide and Self-Harm Prevention Strategy**.



Please read the main document then answer the questions.



Words in **bold and blue** may be hard to understand. You can check what they mean on **page 35** of the main document.



Please send your response form back to us by **Tuesday 11 June 2024**.



You can fill this form in on your computer and email it to: [mentalhealthandvulnerablegroups@gov.wales](mailto:mentalhealthandvulnerablegroups@gov.wales)

Or print it and post it to:



Mental Health and Vulnerable Groups Team  
Welsh Government  
Cathays Park  
Cardiff  
CF10 3NQ



If you want this information in a different format or language, email: [mentalhealthandvulnerablegroups@gov.wales](mailto:mentalhealthandvulnerablegroups@gov.wales).



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# About you



If you do not want anyone to know your name please tick here:

**Your name:**



**Who you work for (if answering for work):**



**Your phone number or email address:**





**I am a:**

**(Please tick all that apply to you)**

Person who has experience of mental health and wellbeing issues

Carer

Member of the public

Health care staff

Social care staff

Third sector staff

Other professional

I am replying for my organisation

I prefer not to say

# Questions

## Question 1



Read **pages 4 to 8** of the main document.

We want to stop people from:

- ending their own lives
- and hurting themselves.

We also want people in Wales affected by **suicide** and **self-harm** to:

- Feel safe and not judged.
- Get help when they need it.
- Be able to help others.



**Do you agree with this aim?**

**Strongly agree**

**Agree**

**Not sure**

**Disagree**

**Strongly disagree**



**Please tell us why you agree or disagree. Please write in the box below:**

## Question 2



Read **pages 10 to 20** of the main document.

Do you agree with the **priority groups** and high-risk groups we listed in the strategy?

**Strongly agree**

**Agree**

**Not sure**

**Disagree**

**Strongly disagree**



**Please tell us why you agree or disagree. Please write in the box below:**

### Question 3

Read **pages 23 and 24** of the main document.



### Do you agree with Goal 1?

**Goal 1: Collect facts and information on suicide and self-harm in Wales. Use this to make policy and actions.**

**Strongly agree**

**Agree**

**Not sure**

**Disagree**

**Strongly disagree**



**Please tell us why you agree or disagree. Please write in the box below:**



**How do you think we could achieve this goal?  
Please write in the box below:**

## Question 4

Read **pages 25 and 26** of the main document.



### Do you agree with Goal 2?

**Goal 2: Work with everyone in the government to deal with the reasons for suicide. Do something about them.**

We will use the **Mental Health and Wellbeing Strategy** to improve **mental health** and **wellbeing**.

**Strongly agree**

**Agree**

**Not sure**

**Disagree**

**Strongly disagree**



**Please tell us why you agree or disagree. Please write in the box below:**



**How do you think we could achieve this goal?  
Please write in the box below:**

## Question 5

Read pages 27 and 28 of the main document.



**Do you agree with Goal 3?**

**Goal 3: Give support to **vulnerable** groups in society.**

**Strongly agree**

**Agree**

**Not sure**

**Disagree**

**Strongly disagree**



**Please tell us why you agree or disagree. Please write in the box below:**



**How do you think we could achieve this goal?  
Please write in the box below:**

## Question 6

Read **page 29** of the main document.

### Do you agree with Goal 4?

**Goal 4: Make people aware of suicide and self-harm and how to help people.**



**Strongly agree**

**Agree**

**Not sure**

**Disagree**

**Strongly disagree**



**Please tell us why you agree or disagree. Please write in the box below:**



**How do you think we could achieve this goal?  
Please write in the box below:**

## Question 7

Read **pages 30 and 31** of the main document.

### Do you agree with Goal 5?



**Goal 5: Be kind and caring to people who:**

- self-harm
- have thoughts of suicide
- have lost someone to suicide.

**Strongly agree**

**Agree**

**Not sure**

**Disagree**

**Strongly disagree**



**Please tell us why you agree or disagree. Please write in the box below:**



**How do you think we could achieve this goal?  
Please write in the box below:**

## Question 8

Read **page 32** of the main document.



### Do you agree with Goal 6?

**Goal 6: Make sure people writing about self-harm, suicide in media and online, help.**

**Strongly agree**

**Agree**

**Not sure**

**Disagree**

**Strongly disagree**



**Please tell us why you agree or disagree. Please write in the box below:**



**How do you think we could achieve this goal?  
Please write in the box below:**

# Other questions

## Question 9



This strategy is for everyone. It includes:

- babies
- children
- young people
- adults
- and older people.

**Was this made clear in the strategy?**

Yes

No

Not sure

**Please tell us if you have any comments. You can write in the box below:**

## Question 10



Do you think this strategy could have any effect on the Welsh language?

Yes

No

Not sure

**What could we do to make sure it is treated fairly to the English language? If you have any comments, you can write in the box below:**



## Question 11

Is there anything else you want to say about the strategy? Please write in the box below: